

“Find Your Voice” Visiting Yogi's

For this first session of Find Your Voice Yoga Teacher Training, I have decided to open 2 spots per weekend session for 'Visiting Yogis'.

If you've thought about doing the full training, but can't commit to all 7 weekends, if you are interested more in deepening your practice and knowledge than in getting certified, this may be your option. You may also earn CEU's with this training to maintain your other current training certifications (check with your certifying organization).

How it works:

Each weekend we'll cover a specific set of topics along with extra class practices, posture details, modifications and adjustment training.

If one weekend's topic is of special interest to you, register to be a “Visiting Yogi”. You'll be included in the posts, emails, handouts, etc of the weekend. Before your 'visiting weekend', I'll forward you reading recommendations and anything else you may need before attending.

Check the website for training weekends, pricing and session topics.